*If the reason for your visit is due to a worker's compensation injury or an automobile accident, please inform the front desk immediately.



PERSONAL INFORMATION

	1 LIGOT	IL II II ORIVIIII OI	
Date			
		Date of Birth	1
(Last) Address	(First)	(M.I.) City/State	
Cell #	Work #	Email	
Sex: M F Other	Marital Sta	tus: S M D W	
Occupation	Er	mployer	
MD'S Name		Clinic/Location	
Parent's Name (if Minor)		Spouse's Name	
Subscriber		Subscriber's Date of Birth	
Insurance Carrier		Subscriber's Employer	
Group /Policy #		ID#	-
Past Chiropractic Care	Yes No When	Chiroprator's Name	
How did you hear about I	Exuberance Chiropractic &	& Wellness Center?	
myself. Furthermore, I umaking collection from Office will be credited to	nderstand that the Doctor's the insurance company as my account on receipt. He to me. If I suspend or to	urance policies are an arrangement be s office will prepare any necessary re nd that any amount authorized to be However, I clearly understand and agree erminate my care and treatment, any	eports and forms to assist me in e paid directly to the Doctor's ree that all services rendered to
Health Care, and I give a the Doctor for x-rays is for file where they may be s	outhority for these procedured the examination of only seen at any time while a part of the Doctor will not be held	my condition as deemed appropriate ares to be performed. It is understood, and the x-ray films will remain the poatient of this office. I also agree that responsible for any pre-existing med	and agreed the amount paid to property of this office, being on at I am responsible for all bills
Patient's/Guardian's Sign	nature		Date

Patient Health Questionnaire - PHQ ACN Group, Inc. - Form PHQ-202

ACN Group, Inc. Use Only rev 7/18/05

Patient Name					_ Date	9					
1. Describe your	symptoms										
a. When did you	r symptoms start?										
b. How did your	symptoms begin?										
 Frequently (51 Occasionally (6-100% of the day)		Indica (ate when	re you ha	eve pai	in or ot	her syl	mptoms	}	
2 Dull ache	the nature of you Shooting Burning Tingling	r symptoms?					ATHE STATE OF			A CONTRACTOR OF THE PARTY OF TH	
4. How are your sy① Getting Better② Not Changing③ Getting Worse		g?	(The same of the sa	X		(3)
5. During the past a. Indicate the a	4 weeks: average intensity o	f your symptoms		None	D 2	3	4 6) 6	7	8	Unbearable
	as pain interfered t ① Not at all	with your normal ② A little bit	work (i	_	both work erately	outside	e the hoi		housewo	-	xtremely
6. During the past	4 weeks how mu	ch of the time h	as you	ır condi	tion inter	rfered	with yo	our soc	ial activ	/ities	?
	① All of the time	2 Most of the	time	3 Som	ne of the ti	ime	A lit	tle of th	ne time	⑤ N	lone of the time
7. In general would	d you say your ov	erall health righ	t now	is							
•	① Excellent	② Very Good		3 Goo	d		Fair			⑤ P	oor
8. Who have you s	een for your sym	ptoms?		o One niroprac	tor			dical Do	octor herapist	⑤ C	Other
a. What treatm	ent did you receive	e and when?									
b. What tests h and when were	ave you had for yo they performed?	ur symptoms	① Xr ② MI	•	e:		③ CT ④ Oth				
9. Have you had s	imilar symptoms	in the past?	① Ye	s			② No				
a. If you have r the same or sin	eceived treatment milar symptoms, wl	in the past for no did you see?		nis Office niroprac				dical Do	octor herapist		Other
10. What is your o	ccupation?		2 W		nal/Execut lar/Secret son			oorer memak Studer		-	Retired Other
	nt retired, a homem s your current wor			ıll-time art-time				f-employ			off work Other
Patient Signature							Date				

Patient Health Questionnaire - page 2

ACN Group, Inc PHQ-102

ACN Group, Inc. Use Only rev 3/27/2003

Patier	nt Name			Date			
What	type of regular exercise do you	perform?	① None	② Light		3 Moderate	Strenuous
What is your height and weight?			Height			Weight	lbs.
	ach of the conditions listed belo I presently have a condition list					had the cond	lition in the past.
Past	Present	Past	Present		Past	Present	
\circ	 Headaches 	\circ	O High Blood Pres	ssure	\circ	Diabetes	3
0	O Neck Pain	\circ	 Heart Attack 		\circ	Excessive	e Thirst
0	O Upper Back Pain	0	 Chest Pains 		\circ	Frequen	t Urination
0	Mid Back PainLow Back Pain	0	O Stroke		0	○ Smoking	/Use Tobacco Products
0	O LOW BACK FAIII	0	Angina		0		ohol Dependence
\circ	O Shoulder Pain	\circ	Kidney Stones			= 2.ag//	энэ 2 оронионоо
\circ	 Elbow/Upper Arm Pain 	0	O Kidney Disorder		0	Allergies	
0	O Wrist Pain	0	O Bladder Infectio		0	ODepress	
0	O Hand Pain	0	O Painful Urination		0	O Systemi	
\circ	O Hip/Upper Leg Pain	0	O Loss of Bladder		0	○ Epilepsy	tis/Eczema/Rash
0	○ Knee/Lower Leg Pain	0	O Prostate Proble	ms	0		
\circ	○ Ankle/Foot Pain	\circ	 Abnormal Weig 	ht Gain/Loss		O HIV/AID	5
	O Jour Pain	\circ	 Loss of Appetite 	9	Fer	nales Only	
0	○ Jaw Pain	\circ	 Abdominal Pain 	l	\circ	O Birth Co	ntrol Pills
\circ	 Joint Swelling/Stiffness 	\circ	○ Ulcer		\circ	○ Hormona	al Replacement
\circ	O Arthritis	\circ	○ Hepatitis		\circ	○ Pregnan	•
\circ	 Rheumatoid Arthritis 	\circ	O Liver/Gall Bladd	der Disorder	\circ	0	
0	○ General Fatigue	0	○ Cancer		Oth	er Health Pro	blems/Issues
0	Muscular Incoordination	0	○ Tumor		0	O	<i>5101110/1004</i> 00
\circ	Visual Disturbances	0	○ Asthma		0	0	
0	O Dizziness	0	O Chronic Sinusi	tis	0	0	
	ate if an immediate family memb		•	_			
OR	Rheumatoid Arthritis O Heart Pr	roblems	 Diabetes 	O Cancer	C	Lupus O_	
List a	II prescription and over-the-cou	nter med	ications, and nutrit	ional/herbal su	ippler	nents you are	taking:
List a	ll the surgical procedures you h	ave had a	and times you have	been hospital	lized:		
Patier	nt Signature				Date	•	
Docto	or's Additional Comments						
Docto	ors Signature				Date	•	



ACN Group, Inc. Use Only rev 3/27/2003

Patient Name	 Date

This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

Pain Intensity

- ① I have no pain at the moment.
- The pain is very mild at the moment.
- 2 The pain comes and goes and is moderate.
- 3 The pain is fairly severe at the moment.
- 4 The pain is very severe at the moment.
- **⑤** The pain is the worst imaginable at the moment.

Sleeping

- ① I have no trouble sleeping.
- ① My sleep is slightly disturbed (less than 1 hour sleepless).
- ② My sleep is mildly disturbed (1-2 hours sleepless).
- 3 My sleep is moderately disturbed (2-3 hours sleepless).
- 4 My sleep is greatly disturbed (3-5 hours sleepless).
- (5) My sleep is completely disturbed (5-7 hours sleepless).

Reading

- ① I can read as much as I want with no neck pain.
- ① I can read as much as I want with slight neck pain.
- ② I can read as much as I want with moderate neck pain.
- 3 I cannot read as much as I want because of moderate neck pain.
- (4) I can hardly read at all because of severe neck pain.
- (5) I cannot read at all because of neck pain.

Concentration

- ① I can concentrate fully when I want with no difficulty.
- 1 can concentrate fully when I want with slight difficulty.
- ② I have a fair degree of difficulty concentrating when I want.
- 3 I have a lot of difficulty concentrating when I want.
- 4 I have a great deal of difficulty concentrating when I want.
- (5) I cannot concentrate at all.

Personal Care

- I can look after myself normally without causing extra pain.
- ① I can look after myself normally but it causes extra pain.
- 2 It is painful to look after myself and I am slow and careful.
- (3) I need some help but I manage most of my personal care.
- 4 I need help every day in most aspects of self care.
- (5) I do not get dressed, I wash with difficulty and stay in bed.

Lifting

- ① I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- ② Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- 3 Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- 4 I can only lift very light weights.
- (5) I cannot lift or carry anything at all.

Driving

- ① I can drive my car without any neck pain.
- ① I can drive my car as long as I want with slight neck pain.
- ② I can drive my car as long as I want with moderate neck pain.
- 3 I cannot drive my car as long as I want because of moderate neck pain.
- I can hardly drive at all because of severe neck pain.
- ⑤ I cannot drive my car at all because of neck pain.

Recreation

- ① I am able to engage in all my recreation activities without neck pain.
- ① I am able to engage in all my usual recreation activities with some neck pain.
- ② I am able to engage in most but not all my usual recreation activities because of neck pain.
- 3 I am only able to engage in a few of my usual recreation activities because of neck pain.
- (4) I can hardly do any recreation activities because of neck pain.
- ⑤ I cannot do any recreation activities at all.

Work

- ① I can do as much work as I want.
- ① I can only do my usual work but no more.
- 2 I can only do most of my usual work but no more.
- 3 I cannot do my usual work.
- I can hardly do any work at all.
- (5) I cannot do any work at all.

Headaches

- ① I have no headaches at all.
- ① I have slight headaches which come infrequently.
- ② I have moderate headaches which come infrequently.
- 3 I have moderate headaches which come frequently.
- 4 I have severe headaches which come frequently.
- ⑤ I have headaches almost all the time.

Neck	
Index	
Score	

ndex Score = [Sum of all statements selected	/ (# of sections with	a statement selected x 5)] x 100
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ACN Group, Inc. Use Only rev 3/27/2003

Patient Name	Date
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This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

Pain Intensity

- ① The pain comes and goes and is very mild.
- ① The pain is mild and does not vary much.
- 2 The pain comes and goes and is moderate.
- 3 The pain is moderate and does not vary much.
- The pain comes and goes and is very severe.
- (5) The pain is very severe and does not vary much.

Sleeping

- ① I get no pain in bed.
- ① I get pain in bed but it does not prevent me from sleeping well.
- 2 Because of pain my normal sleep is reduced by less than 25%.
- 3 Because of pain my normal sleep is reduced by less than 50%.
- 4 Because of pain my normal sleep is reduced by less than 75%.
- **⑤** Pain prevents me from sleeping at all.

Sitting

- O I can sit in any chair as long as I like.
- ① I can only sit in my favorite chair as long as I like.
- ② Pain prevents me from sitting more than 1 hour.
- 3 Pain prevents me from sitting more than 1/2 hour.
- Pain prevents me from sitting more than 10 minutes.
- ⑤ I avoid sitting because it increases pain immediately.

Standing

- ① I can stand as long as I want without pain.
- ① I have some pain while standing but it does not increase with time.
- 2 I cannot stand for longer than 1 hour without increasing pain.
- 3 I cannot stand for longer than 1/2 hour without increasing pain.
- (4) I cannot stand for longer than 10 minutes without increasing pain.
- (5) I avoid standing because it increases pain immediately.

Personal Care

- ① I do not have to change my way of washing or dressing in order to avoid pain.
- ① I do not normally change my way of washing or dressing even though it causes some pain.
- 2 Washing and dressing increases the pain but I manage not to change my way of doing it.
- 3 Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- Because of the pain I am unable to do some washing and dressing without help.
- **⑤** Because of the pain I am unable to do any washing and dressing without help.

Lifting

- ① I can lift heavy weights without extra pain.
- 1 can lift heavy weights but it causes extra pain.
- 2 Pain prevents me from lifting heavy weights off the floor.
- 3 Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ⑤ I can only lift very light weights.

Traveling

- ① I get no pain while traveling.
- ① I get some pain while traveling but none of my usual forms of travel make it worse.
- 2 I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- 3 I get extra pain while traveling which causes me to seek alternate forms of travel.
- Pain restricts all forms of travel except that done while lying down.
- ⑤ Pain restricts all forms of travel.

Social Life

- My social life is normal and gives me no extra pain.
- ① My social life is normal but increases the degree of pain.
- Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- 3 Pain has restricted my social life and I do not go out very often.
- Pain has restricted my social life to my home.
- (5) I have hardly any social life because of the pain.

Walking

- ① I have no pain while walking.
- ① I have some pain while walking but it doesn't increase with distance.
- 2 I cannot walk more than 1 mile without increasing pain.
- 3 I cannot walk more than 1/2 mile without increasing pain.
- ④ I cannot walk more than 1/4 mile without increasing pain.
- ⑤ I cannot walk at all without increasing pain.

Changing degree of pain

- My pain is rapidly getting better.
- ① My pain fluctuates but overall is definitely getting better.
- ② My pain seems to be getting better but improvement is slow.
- 3 My pain is neither getting better or worse.
- My pain is gradually worsening.
- My pain is rapidly worsening.

	,
Back	
Index	
Score	

Index Score = [Sum of all statements selected / (# of sections with a statement selected x 5)] x 1	00



INFORMED CONSENT TO TREATMENT

I hereby request and consent to the performance of chiropract procedures including, but not limited to, various modes of their and if necessary diagnostic x-rays on me (or on the patient narresponsible:	rapy, rehabilitation, massage, med, for whom I am legally
and/or anyone working in this office authorized by the chiropr	actic physician.
I further understand that such services may be performed by t listed above and/or other licensed Physicians of Chiropractic o treat me now or in the future at this office. I have had an opp doctor and/or with other office personnel the nature and purp and other procedures.	r other professionals who may portunity to discuss with the
I understand that results are not guaranteed. I understand and practice of medicine and all health care, the practice of Chirope some risks to treatment including but not limited to: fractures, dislocations, sprains, and burns. I do not expect the physician texplain all risks and complications. Further, I wish to rely on the during the course of the procedure(s) which the physician feels time, based upon the facts then known.	ractic or other services carry disc injuries, strokes (CVA), to be able to anticipate and physician to exercise judgment
I have read, or have had read to me, the above consent. I have ask questions about its content. By signing below I agree to the physician. I intend this consent form to cover the entire condition(s) and for any condition(s) for which I seek to	the treatment recommended by ourse of treatment for my
Print Patient Name	
Patient Signature	Date
Parent or Guardian Signature	Date

Exuberance Chiropractic & Wellness Center
17787 Kenwood Trail Lakeville, MN 55044 952-435-3345

This form should be maintained in the patient's health record.

Exuberance Chiropractic & Wellness Center 17787 Kenwood Trail Lakeville, MN 55044 (952)-435-3345

(Consent to use PHI) Notice of Privacy Practices - Acknowledgment & Consent

Acknowledgment for Consent to Use and Disclosure of Protected Health Information

Use and Disclosure of your Protected Health Information

Your Protected Health Information will be used by Exuberance Chiropractic & Wellness Center or may be disclosed to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of this office.

Notice of Privacy Practices

You should review the Notice of Privacy Practices for a more complete description of how your Protected Health Information may be used or disclosed. It describes your rights as they concern the limited use of health information, including your demographic information, collected from you and created or received by this office. You may review the Notice prior to signing this consent. You may request a copy of the Notice at the Front Desk.

Requesting a Restriction on the Use or Disclosure of Your Information

- You may request a restriction on the use or disclosure of your Protected Health Information.
- This office may or may not agree to restrict the use or disclosure of your Protected Health Information.
- If we agree to your request, the restriction will be binding with this office. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of the federal privacy standards.

Revocation of Consent

You may revoke this consent to the use and disclosure of your Protected Health Information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

By my signature below I give my permission to use and disclose my health information.

Patient or Legally Authorized Individual Signature	Date
Print Patients Full Name	Time
Witness Signature	——————————————————————————————————————

Non-Covered Services: Financial Disclosure Form

Provider Name: Exuberance Chiropractic & Wellness Center

Address: 17787 Kenwood Trail, Lakeville MN 55044

Phone Number: (952) 435-3345

Patient's Signature:

As your Doctor of Chiropractic, I want to provide you with the best care possible. While your policy covers some chiropractic services, there may be others that I feel would help the treatment of your condition and maintenance of good health, but are not covered by your health insurance coverage. If you agree to receive these services, and they are later determined to not be eligible for reimbursement through your health plan policy, your signature on this form signifies your agreement to pay for them in full. While you may choose to not obtain these services, I want to reassure you that I will only recommend care that I believe will benefit your health.

Chiropractic services typically covered by health insurance policies include:

- Chiropractic manipulations to treat a clinical condition
- Treatment that has the potential to significantly improve a clinical condition
- Limited treatment of symptom flare-ups or exacerbations where a permanent condition exists.

Services that we expect to not be eligible for reimbursement through your plan's chiropractic benefit, and therefore will likely be your financial responsibility should you elect to receive them, are outlined below. Your financial responsibility is limited to services received

lember ials/Date					
I believe these services will not be eligible for reimbursement through your health plan because (check one): They are maintenance or elective care rather than treatment to improve a clinical condition					

Patient's	Name		Date:
to my sat	isfacti	ortunity to ask questions about my liability, and other covered treaton. I understand that I have the right to refuse this care and that build do non covered services.	, , ,
	•	hat I am signing this statement voluntarily, and that it is not being	, ,
Provider/	Autho	rized Healthcare Representative Signature:	Date:
		They are excluded from your chiropractic coverage, even when re	lated to treatment to improve a clinical condition
		They are maintenance or elective care rather than treatment to in	nprove a clinical condition
i believe t	iicse .	critices will not be eligible for relinibursement through your nearth	plan because (check one).

A copy of this signed form must be provided to the patient upon request



Financial Policy

TO OUR PATIENTS: It is our hope that you will understand our credit and collection policies are a necessary part of assuring the financial resources required to maintain this vital health care service for our patients. Please assist us in our efforts by staying current with your financial responsibilities. For this reason, we have developed the following policies:

WITH INSURANCE: As a courtesy to our patients we will bill your insurance company directly. For this reason, we ask that you bring your insurance card to your appointments. Please inform the front desk prior to your visit if your insurance has changed. It is suggested that you familiarize yourself with your chiropractic coverage. You are responsible for any office visit copay and payment for such is expected each day of service, we do not bill for copays. If your insurance plan has a deductible and we know the fee schedule, we will ask for such amount on a per visit basis. We will do everything possible to determine your coverage, however, nothing is final until the claims are processed by your carrier.

DOUBLE COVERAGE: We will bill both insurance carriers for services performed. It is your responsibility to pay for any services not covered after both insurances have processed your claim.

MEDICARE: We will do everything possible to determine coverage. However, if there are services performed that are necessary for your treatment but are not covered by your plan, you are responsible for such charges.

WORKERS COMPENSATION, AUTO ACCIDENTS AND PERSONAL INJURY: As a courtesy to you we will file all necessary reports and bill the involved insurance carrier. With these claims, you bear no financial responsibility unless: 1) your claim is denied by the insurance carrier or, 2) they deny certain coverage, for example supports.

WITHOUT INSURANCE: A cash discount of 10% is given and payment is due on a per visit basis.

ITEMS AVAILABLE FOR PURCHASE: Such as orthopedic supports, pillows or ice packs. These items are not covered by insurance and payment is due at time of purchase.

GENERAL: If unusual circumstances should make it impossible for you to meet our credit terms, we invite you to personally discuss the matter with us. This will avoid misunderstanding and enable you to keep your account in good standing.

There will be a \$20 service charge:	for returned checks a	and your account may	y be subject to p	ayment by
cash or credit card for future visits.				

Signature	Date

Workers Compensation Questionnaire

Please answer all questions completely

Dear Patient: This information is considered confidential. We need this information because we care enough to want to know, and your answers will help us determine if chiropractic can help. If we do not sincerely believe your condition will respond satisfactory, we will not accept your case. In order for us to understand your condition properly, please be as neat and accurate as possible while completing this form. Thank you.

Name		_ Sex	Date of Birth	SSN.#	
Address				_ City	
	Zip				
Phone	Occupation		Employer		
Location			Bu	siness Phone	
Marital Status	Spouse's Name		Spouse's Ei	nployee	
Who referred you	to our office?			-	
-	letail how your accident happe				
Have you retained	an attorney? □ Yes □ No		Litigation?	□ Yes □ No	□ Maybe
If so, name and add	dress				
	present injury occurred				, 20
Where did you fee	l pain immediately after the ac	ccident?			
	y other doctors? Yes				
=	s name		=		D.O., □ D.D.S.
What treatment did	d you receive?				
	ared this area before? □ Yes				
-	lid you lose time for work?		=		
If you lost time from	om work with injuries prior to	this injury,	give name of doctor	or doctors	
Do any other disea	ses or accidents affect your er	nployment	? □ Yes □ No	If yes, explain	
In your work do yo	ou have to favor any part of you	our body?	□ Yes □ No I	f yes, explain	
Do you have a hist	ory of absenteeism caused fro	m acciden	ts on the job?	s 🗆 No	
Have you ever had	a Workers Compensation cla	im before?	□ Yes □ No		
Before the injury v	vere you capable of working o	n an equal	basis with others you	ır age? □ Yes □ N	No
Are your work acti	ivities restricted as a result of	this accide:	nt? □ Yes □ No		
Since this injury ar	re your symptoms improvir	ig? □ gett	ting worse? the	same?	
Date:	Patient's S	signature:			



Automobile Accident Questionnaire Please answer all questions completely

This information is considered confidential. We need this information because we care enough to want to know, and your answers will help us determine if chiropractic can help you. If we do not sincerely believe your condition will respond satisfactorily, we will not accept your case. In order for us to understand your condition properly, please be as neat and accurate as possible while completing this form. Thank you.

Name		Sex	Date of Birth	Social Sec.# State Indicate if child, student, housewi	
Address			City	State	Zip
Phone	Occupation		(]	Indicate if child, student, housewi	ife, unemployed, retired
Employer	<u>-</u>	Locati	on	Business Phone	
Marital Status	Spouse's Name			Business PhoneSpouse's Employer	
Who referred you to	o our office?				
<u> </u>	etail how your accident h				
Insurance Co			Policy No	Claim No	
Driver of other veh	icle (if any)				
			Insurance		
Name			Company	Policy No	•
Driver of vehicle in	which you were injured	l (if applic	eable) Insurance		
Name				Policy No	
				Have you retained an attorney	
Were police notifie	d? □ Yes □ No We	ere you kr	nocked unconscious?	☐ Yes ☐ No If yes, for how I	long?
You were struck fro	om □ Behind □ From	nt 🗆 L	eft Side □ Right Si	ide	
					Other protective devices
What was the time	and date of present injur	y?			
Where did you feel	pain immediately after t	he accide	nt?		
Where were you tal	ken after the accident?				
What treatment was	s given?				
Was any other doct	or consulted after your a	ccident?	□ Yes □ No		
If so what was the o	doctor's name?			□ D.C., □ M.D.,	\Box D.O., \Box D.D.S.
What was the diagr	10818?				
What treatment was	s given?				
How often and you	see the doctor?				
				NI.	
	any complaints in the in			NO	
II so, what were the	e complaints?				
	vere you capable of work			ers your age? □ Yes □ No	
•	e your symptoms Impr				
Zinee und injury ur		·		- ~	
Date:	Pa	tient's Sig	nature		